

Know Your Rights: Family & Medical Leave Act (FMLA)

What Is FMLA?

The **Family and Medical Leave Act (FMLA)** is a federal law that provides eligible employees with up to **12 weeks of unpaid, job-protected leave** per year for qualifying family and medical reasons.

As a member of **AFSCME Local 3661**, you have the right to take FMLA leave **without fear of retaliation or discipline**—and with **full union support** every step of the way.

i Your Job, Your Rights

You are protected under FMLA when leave is needed for:

- Your own serious health condition (physical or mental)
- Caring for a spouse, parent, or child with a serious health condition
- Pregnancy, prenatal care, or bonding with a newborn
- Adoption or foster care placement
- Certain needs related to a family member's military service
- Caring for a covered service member with a serious injury or illness

Eligibility for DPSCS Employees

You are eligible for FMLA if:

- You've worked for the **State of Maryland** for at least **12 months** (not necessarily consecutive)
- You've worked at least 1,250 hours in the past 12 months

This applies to all members of Local 3661, including:

- Parole & Probation Agents
- Drinking and Driving Monitors



- ✓ Pretrial Release Investigators
- ✓ Home Detention Officers
- Clerical, Administrative, and Office Professionals
- ✓ All DPSCS bargaining unit members represented by Local 3661

by How to Request FMLA Leave

- 1. Go to local3661.org and visit the Empowerment Center
- 2. Enter the Green Form Room
- 3. Download the **FMLA forms**
- 4. Forward forms to your medical or mental health provider for completion
- Submit the completed forms to:
 dpscs.hrsupportservices@maryland.gov
- 6. Keep copies of all documents and communications

Important: Do not share medical documentation with your chain of command. Your medical information is private and should be sent only to Human Resources.

🔄 Using FMLA Intermittently

FMLA leave can be used **all at once** or **intermittently**, including for:

- Ongoing medical appointments
- Chronic condition flare-ups (e.g., migraines, PTSD, anxiety)
- **Recovery days** or treatments
- Surgeries
- Childbirth or adoption

This flexibility is crucial for DPSCS employees working in high-stress, high-risk environments.

S What Your Employer CANNOT Do

Your employer may not:



- X Deny your FMLA leave if you are eligible
- X Discipline or penalize you for taking FMLA leave
- X Retaliate, intimidate, or discourage you from using your rights
- X Demand full disclosure of your medical history
- X Prevent you from returning to your job after FMLA leave

How AFSCME Local 3661 Supports You

Your Local 3661 representative can:

- Help initiate your FMLA request
- Ensure HR follows all legal procedures and deadlines
- Protect you from retaliation or unfair write-ups
- File a grievance or complaint if your rights are violated
- Support appeals for denied FMLA claims

Experiencing FMLA Issues? Here's What to Do:

1. Go to local3661.org

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- 2. Click on the **Connect with 3661** tab
- 3. Complete the Intake Form
- 4. Upload the following supporting documents:
 - 🚯 A PDF of your initial FMLA request email
 - 🚯 Completed FMLA forms
 - 🕅 Denial emails
 - Supervisor communications regarding denial
 - \circ i Any relevant documents that help support your case

REMEMBER:

- Your FMLA rights are protected by law
- Your health, family, and job all matter
- Your union representation will assist you with any step of the process